

The 170 Words Statement by BK ONE Corporate Training

(1) Most experts agree that the ideal rate of speech is (10)
(11) between one hundred and sixty to one hundred eighty words (20)
(21) per minute. At this rate, people who are listening to (30)
(31) you will be able to hear and understand what you're (40)
(41) saying. In the United States there are different patterns of (50)
(51) speech that are the product of geographic areas. In the (60)
(61) northeastern part of the country, people tend to speak faster (70)
(71) than others while people from the southern states speak slower (80)
(81) than the ideal rate. However, people in the mid-western states (90)
(91) will tend to speak the one hundred and seventy word (100)
(101) rate. To test yourself, note your start and finish time. (110)
(111) Use the second hand of a clock to do this. (120)
(121) If you read this statement in less than one minute (130)
(131) you are speaking too fast and should make an effort (140)
(141) to slow down. But if you read this statement in (150)
(151) more than a minute, you are speaking too slowly and (160)
(161) should try to speak faster when talking on the phone. (170)